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Dr. Oshitani's primary research interests lie in the epidemiology and control of viral infections, with a particular focus on respiratory viruses like COVID-19, influenza, and respiratory syncytial viruses. His research group undertakes collaborative projects in Japan, the Philippines, Zambia, and Peru.

From 2020 to 2023, Dr. Oshitani was a key member of the COVID-19 advisory board for the Ministry of Health, Labour and Welfare, and the Japanese Government Subcommittee on Novel Coronavirus Disease Control.